# Youth Nutrition Education Intern

This internship is with the <u>Food Systems Project</u>, a program of <u>NorthWest Initiative</u>. The Food Systems Project (FSP) partners with four elementary schools in Lansing, coordinating gardens and providing monthly hands-on cooking lessons and weekly after-school programs to the 1000+ students who attend the schools.

**Position Description:** Youth Nutrition Education Interns support the facilitation of lessons through: leading groups of children in Kindergarten through sixth grade through hands-on cooking lessons, taste-testing, garden activities and more.

#### **Key Responsibilities:**

- Assist in facilitating nutrition education and healthy cooking classes and activities
- Lead groups of students in cooking healthy recipes and participating in taste-testing activities
- Facilitate food sampling and recipe tastings at outreach or parent engagement events (ongoing as invited)
- Work with FSP staff and School Garden Intern to support efforts to integrate the school garden into nutrition education and cooking activities with students (i.e. harvesting and preparing healthy recipes using school garden produce, learning about fruits and vegetables through garden-based nutrition focused activities, etc.)
- Assist in garden as classroom efforts to help support teachers in integrating nutrition education topics into their classroom activities
- Other duties and tasks as assigned

### Number of applicants currently being accepted: three

Internship Dates: May-August 2020 (exact start and end dates negotiable)

**Hours per week:** Applicants for this internship position **are required** to have 8 hours a week available during these days: Tuesdays, Wednesdays, Thursdays and Fridays from 9 am - 6 pm.

There are opportunities for additional hours beyond those program sessions, through office work and other projects.

**Compensation:** This internship is unpaid. Our program relies greatly on our interns' contributions. Because we can not afford to pay our interns while requiring their support, we work to provide them opportunities for skill development and career-preparing experiences. These opportunities include leadership roles in projects and lessons and introductions to professional networks.

**How to apply and interview dates:** To apply, fill out our <u>application form</u>. We will only schedule interviews with people who have applied via that form. Sending an application only through this site, without filling out our form is an incomplete application.

Interviews for this position will take place the month of February and March. If you have any questions about this application or the positions, contact our program by emailing foodsystemsnwi@gmail.com or calling/texting 517-292-3197.

# Edible School-Yard Summer Garden Intern

This internship is with the <u>Food Systems Project</u>, a program of <u>NorthWest Initiative</u>. The Food Systems Project (FSP) partners with four elementary schools in Lansing, coordinating gardens and providing monthly hands-on cooking lessons and weekly after-school programs to the 1000+ students who attend the schools.

**Position Description:** Edible School-Yard Summer Garden Interns will support the management and maintenance of our four school gardens by facilitating a successful start to the spring season. Interns will assist in spring garden tasks such as crop planning, seed ordering, transplant production, bed prep, seeding, and planting. Interns will also assist in facilitating student and community volunteer engagement in the school gardens through summer garden events and open garden hours.

#### Key Responsibilities:

- Assist in crop and production planning for the 2020 growing season
- Assist in school garden transplant production at the Hill Center greenhouse
- Assist in garden tasks such as bed/soil prep, perennial pruning, tool inventory/repair, etc.
- Assist in planting and maintaining school gardens and and 30 X 90 ft. hoop house
- Facilitate garden open hours during school hours for students to explore as an alternative recess activity
- Assist in garden as classroom efforts to help support teachers in integrating their school garden into their classroom lessons and activities

### Number of applicants currently being accepted: three

**Internship Dates:** May-August 2020 (exact start and end dates negotiable) **Hours per week:** To apply for this internship position, interns **must** have a minimum of 8 hours available, weekly. This position contains many independently-completed tasks, so scheduling does have flexibility.

**Compensation:** This internship is unpaid. Our program relies greatly on our interns' contributions. Because we can not afford to pay our interns while requiring their support, we work to provide them opportunities for skill development and career-preparing experiences. These opportunities include leadership roles in projects and lessons and introductions to professional networks. Managers will work with interns to identify skill-development areas, set professional goals and provide mentorship and guidance over the course of the internship to help ensure that these goals are met.

**Supervision, Training and Collaboration:** FSP Operations Manager will work with interns to identify skill-development areas and set professional goals at the outset of the internship and provide mentorship and guidance over the course of the internship to help ensure that these personal and professional goals are met. Interns will take leadership over different school gardens. One intern will oversee the Riddle School Garden and Hoophouse, another intern will oversee the Willow Elementary School Garden and another will oversee the Sheridan Road STEM School Gardens. FSP Operations Manager and Edible School Yard Interns will meet weekly to check in and share on their work and progress.

**How to apply and interview dates:** To apply, fill out our <u>application form</u>. We will only schedule interviews with people who have applied via that form. Sending an application only through this site, without filling out our form is an incomplete application.

Interviews for this position will take place in the months of February and March.

If you have any questions about this application or the positions, contact our program by emailing foodsystemsnwi@gmail.com or calling/texting 517-292-3197.